



Resident Programs **2022**

TAP works to improve quality of life for residents and helps to maintain healthy housing communities.



TAP

TENANT ASSISTANCE PROGRAM (TAP)

Supporting Management and Residents in Rental Housing

TAP provides hands-on tools to address issues in your affordable rental housing including alcohol and other substance abuse, mental illness, domestic violence, hoarding, aging-in-place, challenges faced by families, and the difficulties of people living with disabilities. Staff and residents of TAP member sites benefit from TAP's many offerings including free trainings, dispute resolution services and on-site and virtual programs for residents.

RESIDENT PROGRAMS

For TAP Member Sites Only

The number of free programs, based on the number of apartments at the site, is as follows:

- **Up to 75 units:** 3 single OR 1 single and 1 series
- **76 - 200 units:** 4 single OR 1 single and 2 series
- **201 - 400 units:** 5 single and 1 series OR 2 single and 2 series
- **Over 400 units:** 6 single and 2 series OR 3 single and 3 series

"The wide variety of resident programs allow our largely non-English speaking population to engage with each other through music and exercise programs that provide health benefits as well as being enjoyable."

- CEO

GENERAL INFORMATION AND POLICIES

- TAP will operate on an amended pilot schedule from January 1-June 30, 2022. A new TAP program will be launched on July 1 for the period of July 1, 2022-June 30, 2023.
- For this pilot period, the full-year allotment of resident programs will be available.
- Many resident programs are available in a virtual format. Sites should contact vendors to discuss their capability to do virtual programming.
- All resident programs must be completed by June 30, 2022. **There is no carryover of resident programs.**
- 15 business days/3-weeks prior approval by MassHousing/TAP is required for each resident program.
- Due to the high demand of some TAP resident programs, there are selected programs that can be used only once per TAP member site. This will allow for fair use by all the TAP member sites. Those selected programs state in the program description *"This program may be used only once per site."*

For additional information go to www.masshousing.com/TAP.

- All TAP programs and activities must be accessible to individuals with disabilities with reasonable accommodations being made when necessary. See next page under ACCOMMODATIONS.
- TAP encourages its members to book programs early in the year to ensure the widest choice of programs. Each vendor listed has limited availability. For the pilot program (January 1-June 30, 2022), all Resident Programs must be booked by Friday, June 10, 2022.
- When a selected TAP program is not available due to regional limitations, TAP member sites may request to use non-TAP vendors who are local and who offer a similar program. Please contact Denise Green by email, dgreen@masshousing.com OR TAPresidentprograms@masshousing.com.
- All TAP Resident Program business can be addressed to:

Denise Green, MassHousing/TAP
 One Beacon Street, Boston, MA 02108-3110
 Tel: 617.854.1080, 800.882.1154 ext. 1080
 Fax: 617.854.1028, dgreen@masshousing.com OR
TAPresidentprograms@masshousing.com

PROCEDURES FOR SITE STAFF

MassHousing requires that TAP Resident Programs be submitted 15 business days (3 weeks) prior to the scheduled program.

Resident Program Request Form, is an electronic fillable PDF at MassHousing.com/TAP, must be completed by site staff and sent to the MassHousing TAP email (TAPresidentprograms@masshousing.com).

Staff of TAP member sites are responsible for meeting the approval requirement above, as well as for the administrative details outlined here:

- Select program and schedule a date and time directly with program vendor. The vendor will provide you with a one-time unique code that corresponds with the date and time you have selected. Document that code on the program request form on the line that reads "CODE."
- Complete the remainder of the program request form and email to TAPresidentprograms@masshousing.com.
- Approval notification will come by email within 5 business days from MassHousing/TAP staff with a copy of the approved request.
- On program day, site staff prepare space at the site as needed for specific program, welcome and review logistics with program vendor.
- Program vendor will bring MassHousing/TAP forms to be processed that day:

Program Evaluations - Residents and/or site staff fill out individual evaluation forms. Starting in 2020, all evaluations will be electronic through SurveyMonkey.

Program Attendance and Completion Form - Residents and site staff fill out the attendance form and both site staff and vendor fill out and sign.

Program vendor will submit attendance and completion form along with vendor's invoice to Denise Green at MassHousing/TAP, (One Beacon Street, Boston, MA 02108-3110) or TAPresidentprograms@masshousing.com

CANCELLATION POLICIES

- Cancellation of a program by site staff must be at least five (5) business days in advance. Otherwise, the program vendor will be paid for one visit and the site will be recorded as having used a single program.
- If a program series is cancelled due to poor attendance, the vendor will be paid for two visits and the site will be recorded as having used a series program. Note: When programs held as series have less than 10 participants after the second session, program vendor must seek MassHousing/TAP approval to continue the series.
- In the event of cancellation due to bad weather i.e. rain, snow, etc., site staff and vendor will agree on new date and provide TAPresidentprograms@masshousing.com with necessary information.

ACCOMMODATIONS

To request this catalog in an alternative format such as large print or audio, please contact MassHousing's Community Services Department at 617.854.1080, VP: 857.366.4157, or dgreen@masshousing.com.

Developments financed by MassHousing must comply with State & Federal Laws regarding nondiscrimination and equal access to housing for people with disabilities. For more information please see MassHousing's Policy for Portfolio Compliance https://www.masshousing.com/portal/server.pt/document/1447/portfolio_compliance_policy_pdf

When advertising:

- Advertisement must be in large print (14pt or larger) and with a high contrast of colors;
- Should state that reasonable accommodations for people with disabilities can be requested by contacting (manager name), phone, fax, Mass Relay (#711) or VP number.

If the need for an alternative format is known, you must give that person information in the necessary format.

If a person requests a reasonable accommodation and the need is not readily apparent or known, the person must provide verification that they meet the definition of disability and need the accommodation for equal access. If a request is made that the site or program vendor cannot provide, TAP will provide for the accommodation(s) within the limits of the laws.

Requests should be made to Denise Green, 617.854.1080, 800.882.1154 x1080, VP 857.366.4157 or dgreen@masshousing.com

SINGLE PROGRAMS ARTS & ENTERTAINMENT

A Journey to the Moon!

Join (puppet) astronaut Alta as she blasts off to the moon. This interactive tale (kids hold puppets and act out scenes!) comes complete with a (puppet) spaceship, extraterrestrials and even a space monster! With unique hand-crafted puppets, great stories, original music and loads of interaction.

Time: 1 hour
Audience Size: 2-300
Region: Statewide
Language: English Only
Audience: Youth 2-11
Season: All Year

Topic: Arts & Entertainment
Caravan Puppets
Jonathan Keezing
Phone: 413.256.1886
Email: caravanpuppets@gmail.com

Act Up & Vote!

Youth Underground performs original plays that investigate social issues relevant to young people. This year's theme: Voting. Hear the voices of urban youth, plus their families, teachers, political leaders, and personal heroes as they share life stories, debate about whether their votes matter, and work to make a better world.

Time: 1 hour 30 minutes
Audience Size: n/a
Region: Central, Southeast, Northeast, Metro Boston, Boston
Language: English Only
Audience: Youth 13+, Families, Elderly/Disabled, Adults
Season: Fall, Winter, Spring

Topic: Arts & Entertainment
Central Square Theater's Youth Underground
Kortney Adams
Phone: 617.307.4257
Email: kaa@centralsquaretheater.org

Along Memory Lane

A musical walk down memory lane from the '20's to the '60's. A live musical program with recorded piano accompaniment, along with a mistress of ceremony. Audience participation with sing-a-longs and fun props, yester year trivia with prizes awarded and a whole lot of fun! Perfect for seniors!

Time: 1 hour
Audience Size: n/a
Region: Northeast, Metro Boston, Boston
Language: English Only
Audience: Elderly/Disabled, Adults
Season: All Year

Topic: Arts & Entertainment
Delvena Theatre Company
Fran Baron
Phone: 781.662.8748
Email: Frani02176@aol.com

SINGLE PROGRAMS

Amazingly, Mae West!

Come meet the Amazing Mae West! Famous for her one-liners and double entendre, Mae will wow the audience with her comedy, singing (including sing-along with the audience). During the "Ask Mae" segment, audience members will have the opportunity to directly communicate with Mae.

Time: 1 hour

Audience Size: n/a

Region: Northeast, Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Arts & Entertainment

Delvena Theatre Company

Fran Baron

Phone: 781.662.8748

Email: Frani02176@aol.com

American Bandstand Tribute

Join our entertainer as he pays tribute to Dick Clark's legendary TV show, the American Bandstand. The show will feature a variety of artists who performed on the show in the 50's and 60's. You'll hear favorites from Frankie Avalon, the Everly Brothers, Chuck Berry, Bill Haley & the Comets, Sam Cooke, and many more.

Time: 1 hour

Audience Size: n/a

Region: Western, Central

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

David Colucci

Phone: 413.594.0434

Email: davidjcolucci@msn.com

American Pop

Shake rattle and roll with Elvis, revisit Beatlemania, and sing-a-long with Buddy Holly, Sam Cooke and others. A trio of musicians on guitar, bass, and drums rocks down Memory Lane singing the radio hits of the 50's, 60's and more. The music is punchy but never overpowering. *This program may be used only once per TAP member site.*

Time: 1 hour

Audience Size: 10 min - 200 max

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Richard Mayer

Phone: 802.380.3130

Email: rjmayer48@comcast.net

Amor Flores Flower Design

Residents will learn how to create gorgeous flower arrangements, center pieces and gifts for all occasions. In this class, residents can learn about symmetry and visual flow, create a color palate to enhance any decor, learn how to handle and cut flowers as well as professional tips to ensure the long life of designs.

Time: 2 hours

Audience Size: 5 min - 15 max

Region: Boston

Language: English Only

Audience: Youth 15+, All Audiences

Season: All Year

Topic: Arts & Entertainment

Amor Flores Flower Design

Releigh

Phone: 617.868.3635

Email: RELEIGH0071@GMAIL.COM

Archie K. Multicultural PowerJazz Extravaganza

The Kubota POWERJAZZ Unit brings a mix of music from around the world. Jazz, Blues, R&B, Latin, Gospel, Fusion, Motown, Rock'n'Roll, and World Beat. Audience participation can be presented according to each site's specific request and occasion. Great fun for dance party or just music appreciation. *This program may be used only once per TAP member site.*

Time: 1 hour

Audience Size: 3 min

Region: Northeast, Southeast, Metro Boston, Boston

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Passion East Education

Archie Kubota

Phone: 617.974.3387

Email: PowerJazzPiano@gmail.com

Around The World

A magical trip around the world with multi-cultural puppet tales. Audiences are treated to a wide diversity of puppets and puppetry styles with beautiful staging and original music. Some stories are interactive, all have positive messages!

Time: 1 hour

Audience Size: 5 min - 300 max

Region: Statewide

Language: English Only

Audience: Youth 2 -11 years, Families, Elderly/Disabled

Season: All Year

Topic: Arts & Entertainment

Caravan Puppets

Jonathan Keezing

Phone: 413.256.1886

Email: caravanpuppets@gmail.com

SINGLE PROGRAMS

Artful Meditation: Silk Blooms and More

Silk Floral Arrangements is a fun, relaxing how to workshop for older adults and seniors. Participants use their hand, fingers, and wrists to cut, twist, manipulate flowers, stems and vase decorative accessories in a music filled environment. Facilitator demonstrates an arrangement, leads participants in 5 minutes hand/fingers coordination movement exercise, instructs participants to choose their vases and supplies. At workshop end, participants display their works in a circle. After completing circle, each participant takes home a floral arrangement.

Time: 2 hours 30 minutes

Audience Size: minimum: 8 maximum: 12

Region: Boston

Language: English

Audience: Adults

Season: Spring, Summer, Fall

Topic: Arts & Entertainment

Jan Gadson Louissaint

Phone: 617.320.4762

Email: inyourwildestdream@msn.com

Ba Ba Betta

A craft session all audiences can enjoy. This session begins with naming the Beta's and learning how to care for your new pet. Then the fun begins with creating a low maintenance mini aquarium. Residents will decorate a 6 inch Ivy glass bowl with paint, stones, marbles, seashell or gravel. Beta and food will be provided.

Time: 1 hour

Audience Size: 20 max

Region: Metro Boston, Boston, Northeast, Southeast

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Tabba's Arts & Craft

Tabitha Jones

Phone: 857.244.3080

Email: tabbas78@yahoo.com

Basics of Recycled Paper Making

This workshop aims to bring awareness regarding the importance of making unique handmade paper and the potential impact participants can have in regards to being environmentally responsible. Learn how to make different recycled paper using unique textures, creating special effects with decorative additives, stamp designs, and surprise loved ones.

Time: 1 Hour and 30 minutes

Audience Size: 15 Maximum

Region: Boston, Metro Boston

Language: English and Spanish

Audience: Adults, Elderly/Disabled

Season: All Year

Topic: Arts & Entertainment

Marina Strauss

Phone: 617.447.8462

Email: straussmarina@gmail.com

Basin Street Bash

Celebrate Mardi Gras anytime of the year by dancing to Cajun, Creole, Zydeco, Jazz and Blues Music in the great styles of New Orleans! From the Washboard to the Pickle; learn and hear how all these uniquely fascinating sounds create lively and diverse music that gets everyone moving and having fun! *This program may be used only once per TAP member site.*

Time: 1 hour

Audience Size: n/a

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Big Smile Entertainment

Elaina Vrattos Jacobs

Phone: 781.844.7225

Email:

elaina@bigsmileentertainment.com

Big Joe the Storyteller's "A World of Stories"

A collection of multicultural tales from around the world. The tales are told with props, puppets, and audience participation, as well as Big Joe's dynamic storytelling style. The show is made for all ages and has something for everyone!

Time: 1 hour

Audience Size: 5 min

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Joseph Pagliuca

Phone: 617.713.4349

Email: bigjoe@bigjoe.com

SINGLE PROGRAMS

Big Kahuna Luau

The Big Kahuna hosts this Musical Interactive Tropical Luau Show that will turn any venue into an Island Paradise. Professional Vocalists fill the air with Hawaiian, Tropical and Beach Music. Learn the Hula, enter the Hula and Limbo Contests and become Kahuna for the Day! *This program may be used only once per TAP member site.*

Time: 1 hour
Audience Size: n/a
Region: Statewide
Language: English Only
Audience: All Audiences
Season: All Year

Topic: Arts & Entertainment
Big Smile Entertainment
Elaina Vrattos Jacobs
Phone: 781.844.7225
Email:
elaina@bigsmileentertainment.com

Blue Skies Trio

The Blue Skies Trio plays the music you grew up with! Vocalist Maureen Benson sings songs from the 40's to the 60's ably accompanied by Michal Ball on bass and Ric Mauré at the keyboard. Listen or sing along with musicians singing and playing songs from Sinatra to the Drifters.

Time: 1 hour
Audience Size: n/a
Region: Central, Southeast, Northeast, Metro Boston, Boston
Language: English Only
Audience: All Audiences
Season: All Year

Topic: Arts & Entertainment
Ric Mauré
Phone: 617.510.9141
Email: rm88@comcast.net

Boogie Down Ball

Boogie Down Ball is a 2 hour dance party complete with family-friendly DJ, lights, bubbles, line dance instruction, games, prizes, props, and of course MUSIC!

Time: 2 hours
Audience Size: n/a
Region: Statewide
Language: English Only
Audience: All Audiences
Season: All Year

Topic: Arts & Entertainment
Pick a Party Place
Stacy Smith
Phone: 781.588.2274
Email: stacy@pickapartyplace.com

Bottle Painting with Lights

Painting's not just for the canvas! Create custom wine bottles hand-painted by YOU! We'll provide the bottle and pre-drill holes for the lights. The lights are provided as well as all supplies needed. We bring ideas as well as samples. Use one of our designs or your own! Anything goes! *This program may be used only once per TAP member site.*

Time: 2 hours

Audience Size: 5 min - 20 max

Region: Southeast, Metro Boston, Boston, Northeast

Language: English Only

Audience: All Audiences

Season: All Year

Broadway Lady

Broadway Lady is a musical program that promotes camaraderie and participation as the audience members sing-a-long to familiar songs or sit back and listen to Andrea Lyman sing. Fun with show tunes, novelty songs and holiday songs while learning bits of history and stories leading to laughter and education.

Time: 1 hour

Audience Size: n/a

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Canvas Painting for All

Join us for a few entertaining hours of canvas painting instruction. The best part is going home with a unique painting you can call yours and hopefully a new-found talent you'll want to explore. You will be painting a selected picture with step by step instructions. Canvas size varies depending on the painting. *This program may be used only once per TAP member site.*

Time: 2 hours

Audience Size: 5 min - 20 max

Region: Southeast, Metro Boston, Boston, Northeast

Language: English Only

Audience: All Audiences, Youth 8+

Season: All Year

Topic: Arts & Entertainment

The Traveling Art Party

Clare Donoghue

Phone: 617.875.2790

Email: travelingartparty@gmail.com

Topic: Arts & Entertainment

Andrea Lyman

Phone: 617.733.5259

Email: andrealyman@mac.com

Topic: Arts & Entertainment

The Traveling Art Party

Clare Donoghue

Phone: 617.875.2790

Email: travelingartparty@gmail.com

SINGLE PROGRAMS

Caribbean Party

The Beautiful Future Band will transport you to the Caribbean Islands for a relaxing festive party with new and familiar tropical island songs and games, featuring live musicians with fine singing and the delightful sounds of the steel drum. *This program may be used only once per TAP member site.*

Time: 1 hour

Audience Size: 2 min - 500 max

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

A Beautiful Future

Kate O'Connor

Phone: 413.527.7430

Caricatures by Alejandro

The program provides black and white and/or color portraits for participants. The humorous drawings are fun for all ages!

Time: 3 hours

Audience Size: n/a

Region: Metro Boston, Boston

Language: English and Spanish

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Alejandro Yegros

Phone: 857.445.3002

Email:

alejandro.yegros@gmail.com

Celebration of Christmas

An enchanting holiday show, filled with Christmas sing-a-longs, holiday traditions of other cultures and a fun holiday trivia contest with prizes awarded. Two actors in festive attire will bring props, recorded music, prizes and will delight the guests with lots of enjoyable audience participation.

Time: 1 hour

Audience Size: 10-100

Region: Boston, Metro Boston, Northeast

Language: English Only

Audience: Elderly/Disabled

Season: December

Topic: Arts & Entertainment

Delvena Theatre Company

Fran Baron

Phone: 781.662.8748

Email: Frani02L76@aol.com

Chhandika: Kathak Dance of Northern India

Kathak dancers use swift and precise footwork, rapid spins and graceful gestures to tell traditional Indian stories. This classical Indian dance form also includes the recitation of rhymes (taal) and the singing of beautiful melodies. Audiences learn the dance's cultural context and count out poly-rhythms to help the dancers keep time.

Time: 1 hour
Audience Size: 500 max
Region: Statewide
Language: English Only
Audience: All Audiences
Season: All Year

Topic: Arts & Entertainment
**Young Audiences of
 Massachusetts (YAMA)**
 Brenda Huggins
 Phone: 617.629.9262
 Email: scheduling@yamass.org
bhuggins@yamass.org

Children's Music

With humor and high energy, Ron Goldman connects easily with children and encourages them to respond, participate, move, sing, dance, and play rhythm instruments. Songs may be original as well as from traditional and contemporary sources.

Time: 1 hour
Audience Size: n/a
Region: Boston, Metro Boston, Northeast, Southeast
Language: English Only
Audience: Youth (Ages 1-9), Adults, Families
Season: All Year

Topic: Arts & Entertainment
 Ron Goldman
 Phone: 617.524.5199
 Email: ron@rongoldmanmusic.com

Children's Songs and Singing Games Family Concert

This interactive program includes a variety of traditional, multicultural, contemporary and original children's songs geared to stimulate the imagination. Children imitate animals, take imaginary journeys, create song lyrics and learn words in Spanish and other languages through call and response singing.

Time: 1 hour
Audience Size: n/a
Region: Western, Central, Southeast, Northeast, Metro Boston
Language: Spanish, English
Audience: All Audiences
Season: All Year

Topic: Arts & Entertainment
 Roger Tincknell
 Phone: 413.259.1146
 Email: roger@rogertincknell.com

SINGLE PROGRAMS

Christmas with the Crooner

Allow Mark to take your residents along as we go "dashing through the snow" capturing Holiday nostalgia through music. This musical journey strings together the best holiday classics made famous by many of our most hallowed entertainers from Bing Crosby to Elvis Presley.

Time: 1 hour

Audience Size: 15 min- 100 max

Region: Central, Northeast, Metro Boston, Boston

Language: English Only

Audience: Families, Elderly/ Disabled, Adults

Season: All Year

Topic: Arts & Entertainment

Mark Stanzler

Phone: 603.623.6449

Email: Markstanzler@comcast.net

Classic Country

A trio of musicians will relive the golden years of country music with songs by Hank Williams, Johnny Cash, Merle Haggard, Buck Owens, Patsy Cline and more, delivered with a fun and spirited performance.

This program may be used only once per TAP member site.

Time: 1 hour

Audience Size: 10 min - 200 max

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Richard Mayer

Phone: 802.380.3130

Email: rjmayer48@comcast.net

¡Combo Sabroso!

¡Combo Sabroso! is a four-piece band that plays authentic, well-known covers of Salsa and Reggae music sung both in English and Spanish. Their repertoire includes dance music from Puerto Rico, Cuba and Jamaica performed enthusiastically by some of Boston's finest musicians.

Time: 1 hour

Audience Size: n/a

Region: Southeast, Northeast, Metro Boston, Boston

Language: Spanish, English

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Matt Jensen

Phone: 617.817.2619

Email: mjensen@rcn.com

Come meet Julia Child!

A live performance which features a unique glimpse into the life of the beloved chef, Julia Child. "Julia" will provide a demonstration of her culinary skills in her usual style -wowing the audience - with lots of laughs, audience participation and fun for all!

Time: 1 hour
Audience Size: 10-100
Region: Boston, Metro Boston, Northeast
Language: English Only
Audience: Elderly/Disabled
Season: All Year

Topic: Arts & Entertainment
Delvena Theatre Company
 Fran Baron
 Phone: 781.662.8748
 Email: Frani02L76@aol.com

Comedy Magic Show

Magic by George's fun-filled show will keep your audience on the edge of their seats. With lots of audience participation and lighthearted humor, everyone will leave wanting more. For young and old alike. Great Show! Great fun! Shows tailored to fit age group.

Time: 1 hour
Audience Size: n/a
Region: Statewide
Language: English Only
Audience: Adults, Families
Season: All year

Topic: Arts & Entertainment
Magic By George
 George Sateriale
 Phone: 978.937.5900
 Email: gsaterial@hotmail.com

Country Music Tribute Show

Do your residents love country music? If the answer is yes, this is the show for your site! Residents can sit back, relax and enjoy the show as Ron and Mary sing songs from Alabama, Bonnie Raitt, Willie Nelson, Brooks & Dunn, Toby Keith, George Strait, Tim McGraw, Taylor Swift, Allison Kraus and many more.

Time: 1 hour
Audience Size: n/a
Region: Southeast, Northeast, Metro Boston, Boston
Language: English Only
Audience: All Audiences
Season: April - December

Topic: Arts & Entertainment
Cape & Islands Entertainment
 Ron Larrivee
 Phone: 508.274.0388
 Email: RONL1946@aol.com

SINGLE PROGRAMS

Crooners & Rockers

Residents will reminisce about the good 'ole days as they take a stroll down memory lane with Ron and Mary singing hits by Bennett, Sinatra, Darin through Billy Joel, Mellencamp, Springsteen, Neil Diamond and more. Audience requests and participation is encouraged!

Time: 1 hour

Audience Size: n/a

Region: Southeast, Metro Boston, Boston

Language: English Only

Audience: All Audiences

Season: April - December

Topic: Arts & Entertainment
Cape & Islands Entertainment

Ron Larrivee

Phone: 508.274.0388

Email: RONL1946@aol.com

Dancing with Stories

After a 45-minute performance of dances and danced stories from around the world, company members teach a movement class geared toward the age and abilities of audience members.

Time: 1 hour 30 minutes

Audience Size: n/a

Region: Northeast, Southeast, Metro Boston, Boston

Language: English Only

Audience: All Audiences

Season: September - June

Topic: Arts & Entertainment

Back Pocket Dancers

Andy Taylor-Blenis

Phone: 617.875.7426

Email: ataydance@gmail.com

Dancing World Stories

We make stories come to life with dance, music, and spoken word. Our stories will introduce audience members to cultures from near and far.

Time: 1 hour

Audience Size: n/a

Region: Northeast, Southeast, Metro Boston, Boston

Language: English Only

Audience: All Audiences

Season: September - June

Topic: Arts & Entertainment

Back Pocket Dancers

Andy Taylor-Blenis

Phone: 617.875.7426

Email: ataydance@gmail.com

Diamond Family Circus

Diamond Family Circus' professional performer—educator will entertain and amaze with demonstrations of skill, then help YOU learn safe, fun skills to put on your own circus show! Circus arts have something for everyone and activities are adaptable to any age, ability, and space!

Time: 1 hour and 30 minutes

Audience Size: n/a

Region: Statewide

Language: Spanish, English

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

The Actor's Company

Marci Diamond

Phone: 781.710.3314

Email:

marci.diamond@verizon.net

DJ CiCi Holiday Party

Bring the sounds of the season to your next holiday event! Specially selected holiday tunes to bring the warmth, joy and laughter to your space. Music is customizable and will include some fun well known group dance songs that are sure to get everyone out of their seats. DJ CiCi will provide the sound equipment.

Time: 2 hours

Audience Size: n/a

Region: Western, Southeast

Language: Spanish, English

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

DJ Cici

Nancita Alejandro

Phone: 774.400.7949

DJ CiCi Old School Party

Let's make it an old school party! Does Motown music move you? Are you more of an 80's baby? DJ CiCi will play all the old school classics that will bring together generations and create a time capsule atmosphere that everyone can enjoy.

Time: 2 hours

Audience Size: n/a

Region: Western, Southeast

Language: Spanish, English

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

DJ Cici

Nancita Alejandro

Phone: 774.400.7949

SINGLE PROGRAMS

Dreamed, Created and Crafted

Men, women and children, many of whom were immigrants, carried the weight of the industrial revolution in the new world on their shoulders. Through stories and song that are guided discussion, learn how the working class shaped both the American and world's society.

Time: 1 hour

Audience Size: n/a

Region: Western, Metro Boston, Central, and Northeast

Language: English

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Anne O'Connor

Phone: 978.235.5548

Email: Anne@anneoc.com

Elvis To the Everly Brothers: 1950's Pop Classics

This participatory and upbeat program includes a wide variety of pop and rock songs from the 1950s. From Rhythm and Blues to Motown, Rockabilly to Classic Rock, "Elvis to the Everly Brothers" encourages singing and dancing while bringing back many wonderful memories for older adults.

Time: 1 hour

Audience Size: n/a

Region: Western, Central, Southeast, Northeast, Metro Boston

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Roger Tincknell

Phone: 413.259.1146

Email: roger@rogertincknell.com

Emerald Isle

Sing along with Kate from the Beautiful Future Band as she and other band members perform favorite Irish songs evoking the beauty, delightful people, and a bit of Blarney from the Emerald Isle. *This program may be used only once per TAP member site.*

Time: 1 hour

Audience Size: 2 min - 500 max

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

A Beautiful Future

Kate O'Connor

Phone: 413.527.7430

Explore with Collage Adults

This collage process promotes personal and interpersonal development using pictures only. Finished work nurture inner messages, taking on new meaning as life itself evolves. This process may facilitate the revelation of self, establishing renewed commitment and awareness.

Time: 2 hours

Audience Size: 5 min - 20 max

Region: Statewide

Language: English Only

Audience: Adults, Elderly/Disabled

Season: All Year

Topic: Arts & Entertainment

Soul Creations

Debra Bunszel

Phone: 781.789.1113

Email: soulcreationcards@gmail.com

Exploring China: The "Middle Kingdom" Through Music & Story

With a European violin in one hand and a Chinese violin (erhu) in the other, master teacher and violinist Shaw Pong Liu takes participants on an adventure of cross-cultural communication, connecting the language of music to the tonal language of Mandarin.

Time: 1 hour

Audience Size: 300 Maximum

Region: Statewide

Language: English, Mandarin Chinese

Audience: All

Season: All Year

Topic: Arts & Entertainment

Young Audiences of

Massachusetts

Brenda Huggins

Phone: 617.629.9262 ext 303

Email: scheduling@yamass.org

bhuggins@yamass.org

Fiddler on Your Roof

This fun and engaging program provides Russian, Yiddish, Israeli, Klezmer, and Fiddler on the Roof songs and music and allows residents from all backgrounds and with all skills and mobility to feel comfortable.

Time: 2 hours

Audience Size: 10 min - 100 max

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Ethnics Arts Center

Dora Tevan

Phone: 978.546.3222

Email: doratevan@comcast.net

SINGLE PROGRAMS

Fun with Collage Kids+

From 100's of pre-cut pictures to choose attendees can complete many projects or just one today. Finished collages encourage personal and interpersonal development. This process nurtures creative and unexpected awareness. Children and/or inter-generational.

Time: 2 hours

Audience Size: 5 min - 20 max

Region: Statewide

Language: English Only

Audience: Youth 5 - 17

Season: All Year

Topic: Arts & Entertainment

Soul Creations

Debra Bunszel

Phone: 781.789.1113

Email: soulcreationcards@gmail.com

Glassware Painting

Painting's not just for the canvas! Create your own custom wine glass, hand-painted by YOU! We'll provide the glass and all the art materials. We bring ideas as well as samples. Use one of ours or your own designs! Anything goes! *This program may be used only once per TAP member site.*

Time: 2 hours

Audience Size: 5 min - 20 max

Region: Southeast, Metro Boston, Boston, Northeast

Language: English Only

Audience: Adults, Elderly, Disabled

Season: All Year

Topic: Arts & Entertainment

The Traveling Art Party

Clare Donoghue

Phone: 617.875.2790

Email: travelingartparty@gmail.com

Grand Ole Opry Tribute

Join Dave Colucci as he pays tribute to the greatest country singers such as Kenny Rogers, Johnny Cash, Willie Nelson, Glenn Campbell, Conway Twitty and many more. So get ready to go on the road again for a fun time of singing, dancing and toe-tapping as we pay tribute to the singers of The Grand Ole Opry!

Time: 1 hour

Audience Size: n/a

Region: Western, Central

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

David Colucci

Phone: 413.594.0434

Email: davidjcolucci@msn.com

Great Ladies of Song

A tribute to the Great Ladies of Song features music of some of the most remembered female vocalists of the jazz and big band days. Including: Ella Fitzgerald, Sarah Vaughan, Peggy Lee, and Rosemary Clooney.

Time: 1 hour
Audience Size: n/a
Region: Statewide
Language: English Only
Audience: All Audiences
Season: All Year

Topic: Arts & Entertainment

Renee Legendre
 Phone: 774.258.0007
 Email: renp@verizon.net

Hats Off To Seniors

Residents can enjoy this one-hour concert of heartwarming songs and stories saluting older folks and people with disabilities. Tim's warm, high-spirited humor and captivating talent will get residents tapping their toes and singing along as he plays guitar, mountain and hammered dulcimers, and limberjack.

Time: 1 hour
Audience Size: n/a
Region: Statewide
Language: English Only
Audience: All Audiences
Season: All Year

Topic: Arts & Entertainment

Folksinger & Storyteller
 Tim Van Egmond
 Phone: 413.221.5156
 Email: tim@timvanegmond.com

Hip Hop Performance

Blest Energy, a conscientious Hip Hop group, creates an original and organic expression of Hip Hop culture. Blest Energy, always establishes a positive party atmosphere while dazzling the audience with their turntable wizardry and music-playing it as it was intended to be played exciting, positive and highly interactive.

Time: 1 hour
Audience Size: 2 min
Region: Statewide
Audience: All Audiences
Season: All Year

Topic: Arts & Entertainment

Tem Blessed
 Temistocles Ferreira
 Email: temblessed@gmail.com
 Phone: 508.858.9261

SINGLE PROGRAMS

Hip Hop Workshop – Who is Hip-Hop? I am Hip Hop!

Blest Energy use Hip Hop as a tool to engage participants in meaningful discussions about issues of racism, sexism, personal responsibility and classism. The objective is to break down the stereotypes associated with Hip Hop culture and to present the positive side of genre that is seldom portrayed in the media.

Time: 1 hour 30 minutes

Audience Size: 2 min

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Tem Blessed

Temistocles Ferreira

Email: temblessed@gmail.com

Phone: 508.858.9261

Holiday Puppet Show

Have fun celebrating the season with puppets, songs and audience participation. Hear how the princess cooks her holiday meal, how the snowman lost his hat and how Mr. and Mrs. Clause learn about other holiday traditions and are welcomed by a stranger. Fun for the whole family.

Time: 1 hour

Audience Size: n/a

Region: Statewide

Language: English

Audience: Youth, Families

Season: Winter

Topic: Arts & Entertainment

Rosalita's Puppets

Charlotte Anne Dore

Phone: 617.633.2832

Email:

Rosalitaspuppets@aol.com

Holiday Sing-Along Celebration!

Celebrate the holidays with music! Popular entertainer Philip Alexander leads lively sing-alongs for all occasions: Valentine's Day, Fourth of July, Halloween, Thanksgiving, Christmas, Hannukah, and New Year's Eve! Philip plays beautiful guitar, harmonica, ukulele and brings instruments for audiences to play too.

Time: 1 hour

Audience Size: n/a

Region: Central, Southeast, Northeast, Metro Boston

Language: English

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Philip Alexander

Phone: 617.818.0346

Email: Philip@singplaygrow.com

Howdy Pilgrim

Fully costumed, our professional vocalists perform traditional Thanksgiving songs and present facts and stories about our first Thanksgiving and our traditions throughout. This performance is interactive and engaging; ended with a fun quiz with themed prizes. Beautiful, fun and informative. *This program may be used only once per TAP member site.*

Time: 1 hour
Audience Size: n/a
Region: Statewide
Language: English Only
Audience: All Audiences
Season: November

Topic: Arts & Entertainment
Big Smile Entertainment
 Elaina Vrattos Jacobs
 Phone: 781.844.7225
 Email:
 elaina@bigsmileentertainment.com

I Have Confidence – Tribute to Julie Andrews

Julie Andrews is one of the legendary singers of the twentieth century, and this singing tribute celebrates some of the greatest musical theater songs of our time that transcend four generations!

Time: 1 hour
Audience Size: Minimum 25
Region: Statewide
Language: English
Audience: Adults, Families, Elderly/Disabled
Season: All Year

Topic: Arts & Entertainment
Jeannie Mulqueen
 Phone: 617.359.5994
 Email:
 jenniemulqueen@gmail.com

Jack Frost Winter Wonderland Show

Jack Frost along with Suzy Snow Flake and The Snow Queen pay tribute to all the wonderful things that make winter special. This fun filled interactive, musical variety show celebrates all the winter holidays: Hanukkah, Christmas, Kwanza and New Year's through History, Costumes, Music and Interactive Fun! *This program may be used only once per TAP member site.*

Time: 1 hour
Audience Size: n/a
Region: Statewide
Language: English Only
Audience: All Audiences
Season: Winter

Topic: Arts & Entertainment
Big Smile Entertainment
 Elaina Vrattos Jacobs
 Phone: 781.844.7225
 Email:
 elaina@bigsmileentertainment.com

SINGLE PROGRAMS

Karaoke Party with DJ Cici

Unleash your inner pop star! Show off your performance skills at the DJ CiCi's karaoke party! Choose from an array of songs that will instantly make you the star of the show.

Time: 2 hours

Audience Size: n/a

Region: Western, Southeast

Language: Spanish, English

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

DJ Cici

Nancita Alejandro

Phone: 774.400.7949

Listening for Light

Based on the classic folktale *Stone Soup*, Listening for Light tells the story of how sharing diverse musical traditions can create light even in the darkest seasons. Perfect for caregivers and children up to age 8, this storytelling time includes audience singing, instrument play, and dance.

Time: 1 hour

Audience Size: Min. 25 Max. 40

Region: Statewide

Language: English 0

Audience: All

Season: October - February

Topic: Arts & Entertainment

Jennie Mulqueen

Phone: 617.359.5994

Email:

jenniemulqueen@gmail.com

Marcus Santos: Bucket Drumming Workshops

By learning bucket drumming, a musical form from the streets, students will discover that exciting rhythms and beats can be made on any surface. Using drum sticks on plastic buckets, students will learn the fundamentals of ensemble drumming and will practice performing polyrhythms.

Time: 1 hour

Audience Size: 25 max

Region: Statewide

Language: Portuguese, English

Audience: Youth 6 - 18, Adults, Families

Season: All Year

Topic: Arts & Entertainment

**Youth Audiences of
Massachusetts (YAMA)**

Brenda Huggins

Phone: 617.629.9262

Email: scheduling@yamass.org

bhuggins@yamass.org

Mesa Farm Horsemanship One Day Program

A youth program consisting of a visit to Mesa Farm in Rutland, MA to have horse-related experiences and learn about agriculture and farm life. Participants will have several hands-on opportunities including riding a horse.

Time: 3 hours
Audience Size: 5 min - 20 max
Region: Statewide
Language: English Only
Audience: Youth 6 - 18
Season: All Year

Topic: Arts & Entertainment
Mesa Farm
 Dale Perkins
 Phone: 508.886.6898
 Email: dale.mesafarm@gmail.com

Music from The Past 50 Years For Seniors

A program geared to senior participation with Robin Oherin. Using homemade rhythm instruments (for smaller groups), and equipped with a guitar, resonator guitar and ukulele, Robin covers a broad range of songs from blues to pop and folk, all of them very singable.

Time: 1 hour
Audience Size: n/a
Region: Western, Central, Northeast, Southeast
Language: English Only
Audience: Elderly/Disabled
Season: All Year

Topic: Arts & Entertainment
 Robin Oherin
 Phone: 413.243.2271
 Email: robin@robinoherin.com

Music Journey—Songs Around the World

Let's take a journey with songs from around the world. Departure from New York, we'll fly to Mexico, Cuba, Africa, Italy, Spain, Ireland, Poland, ride camels on the Silk Road to Russia, China, take a bullet train in Japan, and return to Logan Airport. Archie will sing in English, Spanish, Russian, and Japanese. *This program may be used only once per TAP member site.*

Time: 1 hour
Audience Size: 3 min
Region: Northeast, Southeast, Metro Boston, Boston
Language: English Only
Audience: All Audiences
Season: All Year

Topic: Arts & Entertainment
Passion East Education
 Archie Kubota
 Phone: 617.974.3387
 Email: PowerJazzPiano@gmail.com

SINGLE PROGRAMS

Music Through the Ages

A one hour presentation by vocalist Jim Porcella. Featuring Music from the 40's through the 70's including jazz, swing Motown and pop and songs by Glen Miller, Nat King Cole, Chuck Berry, The Marcells, Five Satin, The Beatles, The Temptations, Bobby Darin, Billy Joel, Steve Wonder, Frank Sinatra, and more.

Time: 1 hour

Audience Size: n/a

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Jim Porcella

Phone: 617.233.4751

Email: jim@songkeepers.com

Name That Tune

Participants will listen to a great variety of music. They will be asked to "Name That Tune" and "Who Sang The Song." The vocals are live and the music is exactly the way it was recorded.

Time: 1 hour

Audience Size: 7 min - 200 max

Region: Central, Northeast, Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults

Season: Winter, Fall, Spring

Topic: Arts & Entertainment

Peter O'Malley

Phone: 617.822.2292

Email: Petrmagic@aol.com

Old Time Sing-Along

"Old Time Sing-Along" encourages singing by including many familiar songs in a variety of styles. From swing to country, cowboy yodeling to "campfire" folk songs, the program brings back many fond memories for older adults. The program is performed on guitar, banjo, mandolin, ukulele and harmonica. Lyrics are provided.

Time: 1 hour

Audience Size: n/a

Region: Western, Central, Southeast, Northeast, Metro Boston

Language: English Only

Audience: Adults, Elderly/Disabled

Season: All Year

Topic: Arts & Entertainment

Roger Tincknell

Phone: 413.259.1146

Email: roger@rogertincknell.com

Peter Magic Show

Whether performing at holiday events or special occasions, Peter Magic is a barrel of laughs. He captures young audiences with multi-talented splendor of magic, comedy and song. His performance includes mystifying magical illusions, lots of audience participation and of course a million laughs.

Time: 1 hour

Audience Size: 7 min - 200 max

Region: Central, Northeast, Metro Boston, Boston

Language: English Only

Audience: Youth, Families

Season: Winter, Spring, Fall

Topic: Arts & Entertainment

Peter O'Malley

Phone: 617.822.2292

Email: Petrmagic@aol.com

Picture My Perfect Picture

Picture my Perfect Picture is an arts and crafts session where a masterpiece worth framing is created. A high quality 4 x 6 glossy picture of participants is taken during the craft session and developed. Then added to the inside of a wooded frame that residents create and decorate with colorful fabrics, decals, rhinestones, glitter and paint, that will make any room in the house stand out.

Time: 1 hour and a half hours

Audience Size: 1-20

Region: Boston, Metro Boston, Northeast and Southeast

Language: English Only

Audience: All

Season: All Year

Topic: Arts & Entertainment

Tabitha Jones

Phone: 857.244.3080

Email: tabbas78@yahoo.com

Popular Music Through the Decades

Get ready for standards, classic rock, and show tunes performed with insight, energy, sensitivity, and humor including hits by Tony Bennett, Frank Sinatra, Stevie Wonder, Ray Charles, Beatles, Billy Joel, Ella Fitzgerald, Beach Boys, Dionne Warwick, Carpenters, and others. Participation is encouraged.

Time: 1 hour

Audience Size: n/a

Region: Northeast, Southeast, Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Arts & Entertainment

Ron Goldman

Phone: 617.524.5199

Email: ron@rongoldmanmusic.com

SINGLE PROGRAMS

Puff Puff Pillow

Residents can create their very own personal pillow. To begin, a 4x6 digital picture is taken and printed on site to insert in the front of pillow. The pillowcase will be decorated with iron-on decals, fabric paints, rhinestones and so much more. Let your imagination flow.

Time: 1 hour 30 minutes

Audience Size: 20 max

Region: Metro Boston, Boston, Northeast, Southeast

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Tabba's Arts& crafts

Tabitha Jones

Phone: 857.244.3080

Email: tabbas78@yahoo.com

Quiet Your Mind with Line Design

This is a relaxing doodling and coloring class that can be adjusted for any sized or aged group. Music, markers, colored pencils, gel pens, doodle samples and card stock will be provided. No artistic ability is needed. Come relax, create and connect with others.

Time: 1 hour

Audience Size: n/a

Region: Western

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Christine Southworth

Phone: 413.579.1690

Email:

southworthwellness@gmail.com

Seasonal Stories from Around the World

Professional, award winning Actor and Storyteller J.T. Turner shares engaging stories from around the world to delight all ages. Program can be tailored for the season, such as traditional ghost stories and global winter tales, as well as for specific populations, such as children and the elderly.

Time: 1 hour

Audience Size: n/a

Region: Statewide

Language: English

Audience: All

Season: All Year

Topic: Arts & Entertainment

The Actor Company

J.T. Turner

Phone: 781.710.3314

Email:

theactorscompany1@gmail.com

Sing-Along with Philip Alexander

Popular entertainer Philip Alexander performs music and leads lively singalongs for children, families and seniors. Children and adults love to sing, play and even dance along! Philip plays favorite songs from a variety of genres: folk, jazz pop, Broadway, Beatles, Holiday music and more. A talented multi-instrumentalist, Philip plays guitar, harmonica, ukulele, dulcimer, xylophone, bamboo flute and djembe drum. Be inspired by this unique and talented musician!

Time: 1 hour

Audience Size: n/a

Region: Central, Southeast, Northeast, Metro Boston

Language: English

Audience: All

Season: All Year

Topic: Arts & Entertainment

Philip Alexander

Phone: 617.818.0346

Email: Philip@singplaygrow.com

Solid Gold

Solid Gold is a vocal performance that brings back the popular contemporary music from the 1960s–1980s. Featuring the music from such artists as Diana Ross, Aretha Franklin, Bette Midler, among others. This show is lively and upbeat—perfect for an event or party!

Time: 1 hour

Audience Size: n/a

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Renee Legendre

Phone: 774.258.0007

Email: renp@verizon.net

Songs and Tales for the Season and the Day

Residents can celebrate any holiday or season with a heartwarming program of lively songs and captivating stories, tailor-made for the occasion. Through the four seasons, from Valentine's Day to New Year's Eve, we'll toast the time accompanied by guitar, mountain and hammered dulcimers, and limberjack.

Time: 1 hour

Audience Size: n/a

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Tim Van Egmond

Phone: 413.221.5156

Email: tim@timvanegmond.com

SINGLE PROGRAMS

Stained Glass Mosaic Mirrors

Stained Glass pieces are provided and glued to a surface that has been prepared so that the completed project is a 5"x7" stained glass mirror! Instruction in material and tool use is provided as well as a sample template so participants of any age will succeed.

Time: 1 hour 30 minutes

Audience Size: 15 max

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Leslie Doherty

Phone: 978.944.2248

Email: leslie@waysofcolor.com

Stained Glass Mosaic Picture Frames

Real glass pieces are glued and then grouted to a wooden picture frame which can hold a 4 x 6 picture. No experience is necessary and is great for all ages. The picture frame creates a beautiful keepsake to keep or give as a gift.

Time: 1 hour 30 minutes

Audience Size: 1-15

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Leslie Doherty

Phone: 978.944.2248

Email: leslie@waysofcolor.com

Stained Glass Mosaic Planter Pots

Residents will enjoy making a Stained-Glass Mosaic Planter Pot!! Colored glass pieces are provided and glued to a 5" terra-cotta planter pot. A sanded grout is then applied to complete the piece. Great for all audiences, no experience is necessary.

Time: 1 hour

Audience Size: 15 max

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Leslie Doherty

Phone: 978.944.2248

Email: leslie@waysofcolor.com

Stained Glass Mosaic Sun-Catchers

Participants create a beautiful Stained-Glass Mosaic Sun-Catcher to hang in a window. Colored glass pieces are provided and glued to a rectangular plexiglass surface. Great for all audiences, no experience is necessary.

Time: 1 hour
Audience Size: 15 max
Region: Statewide
Language: English Only
Audience: All Audiences
Season: All Year

Topic: Arts & Entertainment
 Leslie Doherty
 Phone: 978.944.2248
 Email: leslie@waysofcolor.com

Stained Glass Mosaic Tile Trivets

Participants create a Stained Glass Mosaic Tile Trivet. Colored glass pieces are provided and glued to a 4"x4" porcelain tile. A sanded grout is then applied to complete the piece. Great for all audiences, no experience is necessary.

Time: 1 hour 30 minutes
Audience Size: 15 max
Region: Statewide
Language: English Only
Audience: All Audiences
Season: All Year

Topic: Arts & Entertainment
 Leslie Doherty
 Phone: 978.944.2248
 Email: leslie@waysofcolor.com

Steele Your Art

The intent of SteeleYourArt is to create a fun learning experience with in someone's environment that will teach any individual interested how to paint a painting on a canvas, step by step. I use the standard acrylic paint, which is fast drying and easy for correcting mistakes.

Time: 3 hours
Audience Size: 8 min - 25 max
Region: Statewide
Language: English Only
Audience: All Audiences, Youth 11+
Season: All Year

Topic: Arts & Entertainment
Steele Art
 Jeremy Steele
 Phone: 774.521.5246
 Email: jeremysteele843@gmail.com

SINGLE PROGRAMS

Stevie Wonder Song and Dancefest

Celebrate the wonderful spectrum of music of Stevie Wonder—prolific songwriter, singer, musician, and producer. Sing along with lyric sheets, dance to upbeat love songs, and reminisce how his fee-good melodies influenced our lives. Defying all odds, Stevie's superlative talents and love have brightened our world.

Time: 2 hours

Audience Size: 10 min- 50 max

Region: Statewide

Language: English Only

Audience: All Audiences

Topic: Arts & Entertainment

Ethnic Arts Center

Dora Tevan

Phone: 978.546.3222

Email: doratevan@comcast.net

The Carnival Comes to You

Imagine roaring tigers, beautiful butterflies, and animals of every type on the most beautiful canvas on earth—the human face! And our talented twisters will be equally creative with balloons. This interactive program is suitable for children of all audiences, from toddlers to seniors. *This program may be used only once per TAP member site.*

Time: 2 hours

Audience Size: n/a

Region: Central, Southeast, Northeast, Metro Boston, Boston

Language: Spanish, Russian, English

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Bruce's Fun Company

Bruce Lawson

Phone: 978.210.7464

Email: bruce@brucefun.com

The Crescent Dancers

With dazzling costumes and lively choreography, the Crescent Dancers share the magic and joy of Middle Eastern Belly Dance. After a performance including cultural information about the music, costumes and style of dance, there will be a dance lesson for all ages and abilities with easy to follow dance moves.

Time: 1 hour

Audience Size: 3 min - 75 max

Region: Western, Central, Metro Boston

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Karen Traub

Phone: 413.367.9826

Email: happydancermom@gmail.com

The Cure for the Common Show

The intent of my program is to share my unique, energetic, interactive, family-friendly comedy-juggling show with audiences of all ages. My show combines technical juggling skills, creative physical manipulation and original comedy, into a dynamic, fun and exciting live experience.

Time: 1 hour

Audience Size: 10 min - 100 max

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Stephen Bryson Lang

Phone: 818.679.6303

Email: brysonlang@hotmail.com

The Justin Meyer Trio

Residents will hear the American Popular Music of the 1920s through the 1940s—swing, jazz, and Dixieland, as performed and popularized by musicians such as Louis Armstrong, Duke Ellington, and Benny Goodman. Perfect for dancing or just listening! Featuring New England's finest traditional jazz musicians.

Time: 1 hour

Audience Size: n/a

Region: Central, Southeast, Northeast, Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Arts & Entertainment

Justin Meyer

Phone: 617.653.5072

Email: justinmeyer1@yahoo.com

The Life and Times of Frank Sinatra

Enjoy the true story of one of the greatest entertainers of all time. Residents will learn how Frank Sinatra got his start, family history, his loves and marriages, his ups and downs. Stories about The Rat Pack and some of their colorful history will be included. This show also includes some of Franks greatest hits.

Time: 1 hour

Audience Size: 7 min - 200 max

Region: Central, Northeast, Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults

Season: Winter, Spring, Fall

Topic: Arts & Entertainment

Peter O'Malley

Phone: 617.822.2292

Email: Petrmagic@aol.com

SINGLE PROGRAMS

This Land is Your Land

Performed on various instruments, this program celebrates our country with "Americana" songs including patriotic, regional folk, old time country, and other versions. Songs in Spanish, French and other languages may also be included to reflect the ethnic diversity of our "nation of immigrants." The audience is encouraged to sing, dance and play percussion.

Time: 1 hour

Audience Size: n/a

Region: Western, Central, Southeast, Northeast, Metro Boston

Language: English, Spanish, French, Polish, Russian

Audience: All

Season: All year

Topic: Arts & Entertainment

Roger Tincknell

Phone: 413.259.1146

Email: roger@rogerincknell.com

Timeless Tales

Caravan's "best of" show, "Timeless Tales" features world tales and original skits featuring beautiful staging and original music. Audiences are treated to diverse puppets and puppetry styles. Some stories are interactive, all have positive messages!

Time: 1 hour

Audience Size: 5 min - 300 max

Region: Statewide

Language: English Only

Audience: Youth 2 -12, Families, Elderly/Disabled

Season: All Year

Topic: Arts & Entertainment

Caravan Puppets

Jonathan Keezing

Phone: 413.256.1886

Email: caravanpuppets@gmail.com

Tribute to the 50s: Rock'n'Roll Is Here to Stay

Nostalgic about the music of the 50s and 60s? Enjoy a trip down memory lane while Mark Croons some of the greatest ballads and beloved songs from the fifties and sixties. This is an engaging show with interesting trivia about the music and entertainers that excited a generation.

Time: 1 hour

Audience Size: 15-100 max

Region: Central, Northeast, Metro Boston, Boston

Language: English Only

Audience: Families, Elderly/Disabled, Adults

Season: All Year

Topic: Arts & Entertainment

Mark Stanzler

Phone: 603.623.6449

Email: Markstanzler@comcast.net

Tribute to The Great Italian–American Singers

Jim's one hour presentation is a tribute to the "Great Italian Singers" features songs by Frank Sinatra, Tony Bennett, Louis Prima, Al Martino, Perry Como, and Dean Martin, among others.

Time: 1 hour
Audience Size: n/a
Region: Statewide
Language: English Only
Audience: All Audiences
Season: All Year

Topic: Arts & Entertainment

Jim Porcella
 Phone: 617.233.4751
 Email: jim@songkeepers.com

Tribute To The Greatest Generation

A one hour presentation by vocalist Jim Porcella. Featuring the music of the Big Band Era and The American Standards including tunes originally recorded by Frank Sinatra, Tony Bennett, Nat King Cole, Louis Armstrong, and Bobby Darin. Big Band tributes to Glen Miller, Harry James, and Jimmy Dorsey.

Time: 1 hour
Audience Size: n/a
Region: Statewide
Language: English Only
Audience: All Audiences
Season: All Year

Topic: Arts & Entertainment

Jim Porcella
 Phone: 617.233.4751
 Email: jim@songkeepers.com

Valerie Tutson: Tales From African Traditions

Storyteller Valerie Tutson performs myths, folktales and historical accounts from the African continent and the African Diaspora that reveal the beauty, humor and wisdom of their diverse and ancient cultures.

Time: 1 hour
Audience Size: 275 max
Region: Statewide
Language: English Only
Audience: All Audiences
Season: All Year

Topic: Arts & Entertainment

Young Audiences of
 Massachusetts (YAMA)
 Brenda Huggins
 Phone: 617.629.9262
 Email: scheduling@yamass.org
 bhuggins@yamass.org

SINGLE PROGRAMS

Vegas Variety Show

Come and see the styles of a Las Vegas variety show, featuring best of Sinatra, Dino, Tom Jones, Elvis, Bobby Darin and Garry Manilow plus a few funny surprises mixed in. Residents can get ready to go on a musical journey that will have them laughing, singing and dancing in the aisles.

Time: 1 hour

Audience Size: n/a

Region: Western, Central

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

David Colucci

Phone: 413.5940.434

Email: davidjcolucci@msn.com

Veronica Robles: Dancing with the Colors of Mexico

The blend of ancient and modern traditions that is Mexican culture blazes to life as award-winning performer and Telemundo Boston star Veronica Robles dons an array of vibrant costumes, performs rousing dances, and sings passionate songs. Participants try out some Spanish, learn about Aztec culture, participate in some songs, and get a chance to put on some costumes to do a little dancing themselves!

Time: 1 hour

Audience Size: 250 Maximum

Region: Boston, Metro Boston, Southeast, Northeast

Language: English, Spanish

Audience: Youth (4-13), Families

Season: All Year

Topic: Arts & Entertainment

Young Audiences of Massachusetts

Brenda Huggins

Phone: 617-629-9262 Ext. 303

Email: scheduling@yamass.org

bhuggins@yamass.org

When Irish Eyes are Smiling

This program is a fun presentation of traditional Irish music, humor and stories. The music will have everyone involved clapping and singing along. The comedy is side splitting laughter. Some of the songs you will hear are: When "Irish Eyes are Smiling", "My wild Irish Rose", and "Tim Finnegan Wake" to name a few.

Time: 1 hour

Audience Size: 7 min - 200 max

Region: Central, Northeast, Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults, Families

Season: Fall, Winter, Spring

Topic: Arts & Entertainment

Peter O'Malley

Phone: 617.822.2292

Email: Petrmagic@aol.com

Witchy Wanda Halloween Spooktacular Show

Witchy Wanda's Halloween Spooktacular Show is a variety show and a way to celebrate Halloween in a safe environment. Exceptional Make-up, Costumes along with funny props are highlighted with farcical Songs about Halloween and its crazy charters. Audience participation is encouraged and rewarded with prizes. *This program may be used only once per TAP member site.*

Time: 1 hour

Audience Size: n/a

Region: Statewide

Language: English Only

Audience: All Audiences

Season: October

Topic: Arts & Entertainment

Big Smile Entertainment

Elaina Vrattos Jacobs

Phone: 781.844.7225

Email:

elaina@bigsmileentertainment.com

World Dance Party

Spirited world dances perfectly complement your resident party function, representing the musical heritage of all residents and the world. Residents immerse themselves in the drums of Haiti, an Irish jig, the stirring drive of salsa or any culture's dance, including the USA, to music which celebrates our world and each other.

Time: 2 hours

Audience Size: N/A

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Arts & Entertainment

Ethnic Arts Center

Dora Tevan

Phone: 978.546.3222

Email: doratevan@comcast.net

SINGLE PROGRAMS

EDUCATION

Animal Adaptations

Each and every animal has to adapt to changing temperatures, levels of moisture and other atmospheric conditions. How do they do it? This live animal presentation covers the amazing adaptability of animals, focusing on species native to southeastern Massachusetts.

Time: 1 hour

Audience Size: n/a

Region: Southeast

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Education

South Shore Natural Science Center

Michelle Marquis

Phone: 781.659.2559

Email: mmarquis@ssymca.org

Backyard Botanists

Discover what your backyard plants need to survive. Learn about plant life cycles, seasonal changes and photosynthesis. Discover how seeds travel near and far. Examine flowers, seeds, fruit, stems, roots, and leaves using hand lenses and microscopes.

Time: 1 hour

Audience Size: n/a

Region: Southeast

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Education

South Shore Natural Science Center

Michelle Marquis

Phone: 781.659.2559

Email: mmarquis@ssymca.org

Got Conflict? Deal with Conflict Effectively: Tools for Your Toolbox

An interactive workshop to help Residents improve their skills at dealing with conflict and move towards building a positive community. The training covers: understanding different conflict styles, dispelling conflict myths, examining how conflicts escalate, identifying strategies for de-escalation, prevention and resolution.

Time: 2 hours

Audience Size: 8 min - 25 max

Region: Metro Boston, Boston

Language: Spanish, English, Mandarin Chinese

Audience: All Audiences

Season: All Year

Topic: Education

Community Dispute Settlement Center

Gail S. Packer

Phone: 617.876.5376

Email:

gspacker@communitydispute.org

Kitchen Top to Bottom

Struggle to come up with a meal every night? Refrigerator a mess? Never able to find the right-sized pot? This course will teach you how to get your kitchen and cooking under control. You'll learn quick and easy ways to prepare your meals and how to make them different every time.

Time: 3 hours

Audience Size: n/a

Region: Central, Southeast, Northeast, Metro Boston, Boston

Language: Russian, English

Audience: Youth 15+, Families, Elderly/Disabled, Adults

Season: All Year

Topic: Education

Bruce's Fun Company

Bruce Lawson

Phone: 978.210.7464

Email: bruce@brucefun.com

Native American Artifacts and Lore

The banks of the South Shore's North River were home to Native Americans for thousands of years. Observe archaeological artifacts from our collections and learn about the history and culture of our local native peoples who traveled and settled along the river.

Time: 1 hour

Audience Size: n/a

Region: Southeast

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Education

South Shore Natural Science Center

Michelle Marquis

Phone: 781.659.2559

Email: mmarquis@ssymca.org

Nocturnal Animals

The quiet of night is broken even on the coldest nights by the hoots of owls. Bats fly in the dark, chasing aerial insects through the summer months. We will discover the truths about nocturnal animals as we discuss their world and what how they thrive in it.

Time: 1 hour

Audience Size: n/a

Region: Southeast

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Education

South Shore Natural Science Center

Michelle Marquis

Phone: 781.659.2559

Email: mmarquis@ssymca.org

SINGLE PROGRAMS

Reptiles & Amphibians

Discover the differences and similarities between these two groups and how these cold-blooded (ectothermic) creatures are adapted to live in different habitats. Meet some local species of turtles, snakes, frogs, toads and salamanders and learn about their life cycles.

Time: 1 hour
Audience Size: n/a
Region: Southeast
Language: English Only
Audience: All Audiences
Season: All Year

Topic: Education
South Shore Natural Science Center
Michelle Marquis
Phone: 781.659.2559
Email: mmarquis@ssymca.org

Reptiles Rock

See and touch lizards, snakes, turtles or hang out with a snake. Come and learn about rainforest reptiles and the ways they interact with their ecosystem. Enjoy the rainforest reptile miniature zoo as well, and learn about different types of living reptiles, amphibians and bugs from all over the world. One experience you'll never "frog-et."

Time: 1 hour
Audience Size: n/a
Region: Statewide
Language: English Only
Audience: All Audiences
Season: All Year

Topic: Education
Joan Gallagher
Phone: 978.922.5107
Email: reptileman@rainforestreptileshows.com

Savings & Cash Management Strategies

Participants learn to develop better spending and savings habits. Participants will: Set up a personalized monthly spending plan. Identify and analyze where money is going. Avoid common spending traps. Develop a plan to live on less and enjoy life more. Uncover easy and creative ways to save.

Time: 1 hour 30 minutes
Audience Size: 5 min
Region: Metro Boston, Boston
Language: English Only
Audience: Families, Elderly/Disabled, Adults
Season: All Year

Topic: Education
The Vincita Institute Inc.
Nicholas T. Josey
Phone: 617.487.4993 x 502
Email: nicholas_josey@vincita.org

Self-Defense: Methods of Escape

This seminar will focus on self-defense methods that can aid in the escape of violent encounters. The primary instructor is a retired police officer with extensive experience in martial arts. During this class, he will share methods of defense based on the mechanics of the human skeletal system.

Time: 4 hours

Audience Size: 8 mn - 20 max

Region: Statewide

Language: English Only

Audience: Adults

Season: All Year

Topic: Education

COPKIDO

Shawn Marando

Phone: 617.794.4523

Email: copkido@yahoo.com

Sizzling Reptiles

Ever wonder why alligators don't live in the desert? In this exciting program residents will learn about deserts—from the coldest to the hottest—as well as the reptiles and amphibians that live in some of the harshest conditions in the world.

Time: 1 hour

Audience Size: n/a

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Education

Joan Gallagher

Phone: 978.922.5107

Email:

reptileman@rainforestreptileshows.com

Warp and Weft

The rise of the textile industry across New England meant a changing lifestyle for workers, from agricultural to industrial. During this hand-on program with music and images, teams will weave on a hand-loom to take home. Intended for people of all ages and abilities to work together.

Time: 1 hour

Audience Size: 10 min - 40 max

Region: Western, Central, Northeast, Metro Boston

Language: English Only

Audience: Adults, Elderly/Disabled

Season: All Year

Topic: Education

Anne O'Connor

Phone: 978.235.5548

Email: Anne@anneOC.com

SINGLE PROGRAMS

WELLNESS

All Audiences Fun and Games

Everybody loves to play! It is good for our health and wellbeing! If it is young kids, teens or elderly, ACME will get them going! Fun and laughter for sure! We can adapt our presentation either inside or out and make it work with the space that you have.

Time: 1 hour

Audience Size: 10 min, 30 max

Region: Central, Southeast, Northeast, Metro Boston, Boston

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Wellness

Acme Teamwork

Dennis Dow

Phone: 508.414.9963

Email: dennisdow42@gmail.com

Apartment Living

Do you hate housework? Do you have too much stuff and not enough space? A professional will share her secrets of home management. Learn how to manage mail, bills, and other papers. You may have more leisure time, cleaner living quarters, and less stress.

Time: 3 hours

Audience Size: n/a

Region: Central, Southeast, Northeast, Metro Boston, Boston

Language: Russian, English

Audience: Youth 15+, All Audiences

Season: All Year

Topic: Wellness

Bruce's Fun Company

Bruce Lawson

Phone: 978.210.7464

Email: bruce@brucefun.com

Art and Relaxation

Participants will learn and practice relaxation and mindfulness and then create some art using mindfulness skills. In our busy lives, taking time to be creative and rejuvenate will be a nice break for all participants.

Time: 1 hour

Audience Size: 15 max

Region: Boston, Metro Boston

Language: Spanish, English

Audience: All Audiences (starting with Youth 9+)

Season: All Year

Topic: Wellness

Marina Strauss

Phone: 617.447.8462

Email: straussmarina@gmail.com

Awareness Stretch

Residents will be gently guided to experience getting in touch with their muscles, breath and mind. This can create an opportunity for you to revitalize your relationship with your body. We will always work together in your comfort zone. This program is designed for everyone.

Time: 1 hour 30 minutes

Audience Size: n/a

Region: Southeast, Northeast, Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Wellness

Joanne Salerno

Phone: 339.832.2196

Email: llm@myabmp.com

Better Balance

This is an experiential and easy way to understand how to improve balance as you age. Students will practice weight shifting, maintain balance through sudden attention distractions, get up and down safely, work with posture and balance and strengthen protective reflexes.

Class is taught both seated and standing.

Time: 1 hour 30 minutes

Audience Size: 3 min - 20 max

Region: Western

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Wellness

Donna Brooks

Phone: 413.230.1260

Email: donnabrook@gmail.com

SINGLE PROGRAMS

Chair Massage by Bodyography Wellness Center

Chair massage to provide relaxation, tension relief for participants.

This program may be used only once per TAP member site.

Time: 3 hours and 4 hour programs available

Audience Size: 12 min - 22 max

Region: Northeast, Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Wellness

Bodyography Wellness Center

Anne Gilbert

Phone: 781.665.4005

Email: info@bodyography.net

Chair Massage by Deirdre Davidson

Residents at your site enjoy benefits of fully-clothed chair massage combined with reiki and other modalities that promote relaxation. Massage has been known to relieve stress symptoms such as muscle tension and sleep loss. This program is wheelchair and handicap accessible, congregate and appointment forum available. *This program may be used only once per TAP member site.*

Time: 2 hours

Audience Size: 30 max

Region: Statewide

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Wellness

Deirdre Davidson

Phone: 781.588.7522

Email:

simplysoothing sanctuary2@
myabmp.com

Chair Massage by Restorative Touch Massage Studio

Residents will enjoy a fully clothed chair massage on site. Massage is known to relieve stress symptoms such as muscle tension and sleep loss. Sign up sheets will be provided. *This program may be used only once per TAP member site.*

Time: 3 hours

Audience Size: 6 min - 30 max

Region: Statewide

Language: English Only

Audience: All Adults

Season: All Year

Topic: Wellness

Restorative Touch Massage Studio

Pamela Chiasson

Phone: 978.852.0270

Email: pamela@rtmassagestudio.com

Dont Be SAD

When days darken do you find yourself craving comfort foods and going to bed early? Is energy a thing you think will return in the spring? SAD (Seasonal Depression Syndrome) can be alleviated. Learn how to manage the winter blues with exercise, personal connection, meaningful activity, and getting enough light.

Time: 1 hour 30 minutes

Audience Size: 2 min - 40 max

Region: Western

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Wellness

Donna Brooks

Phone: 413.230.1260

Email: donnabrook@gmail.com

Easy Stretch, Breathe and Relax

If you struggle with pain, anxiety or just plain stress you are not alone! Most people do. Luckily, there are simple tools you can learn and use to ease the difficulty. Learn movement techniques to unwind tense muscles, breathing to calm agitated nervous and proven stress management techniques to calm your mind.

Time: 1 hour 30 minutes

Audience Size: 2 min - 25 max

Region: Western

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Wellness

Donna Brooks

Phone: 413.230.1260

Email: donnabrook@gmail.com

Easy Yoga

This program is for anyone who has wondered what yoga is and how it works. Movements are done sitting on a chair or using the chair for balance, and are appropriate for all body types. Yoga helps improve breathing, mobility and can ease everyday aches and pains.

Time: 1 hour

Audience Size: 5 min - 20 max

Region: Western, Central

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Wellness

Lisa Enzer

Phone: 413.367.2658

Email: lisa.enzer@gmail.com

SINGLE PROGRAMS

Flourish at 50+

Find the joy and pleasure of moving freely. This upbeat workshop offers light, enjoyable exercises you can do now, even if you have issues like poor posture, low energy, or aches and pains. Most of the program is done seated and is open to everyone, including those with limited mobility.

Time: 1 hour

Audience Size: 5 min - 20 max

Region: Western, Central

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Wellness

Lisa Enzer

Phone: 413.367.2658

Email: lisa.enzer@gmail.com

Guided Sound Meditation

This is a unique program employing music, song and story to guide you to a peaceful state of relaxation, and lead you down a path of mindfulness and meditation. Explore breath awareness, visualization and therapeutic sound with and transformational breath work inspired elements.

Time: 1.3 hours

Audience Size: Maximum of 60

Region: Statewide

Language: English Only

Audience: All

Season: All year

Topic: Wellness

Lydia Takenouchi-Erickson

Phone: 781.467.8833

Email: info@songofthetrees.com

Health from your Kitchen

More than just information about healthy eating, this course offers discussion and Q&A to help you decide what approaches to diet and food work best for you. As a starting point we talk about digestion, constipation, better sleep and inflammation but bring your questions and experiences.

Time: 1 hour

Audience Size: 2 min - 45 max

Region: Western

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Wellness

Donna Brooks

Phone: 413.230.1260

Email: donnabrook@gmail.com

Keep Your Balance

As we age, the risk of falls increases. Easy enjoyable movements, done while seated or standing, that exercise the feedback loop between the body, senses, and brain help improve balance. Fun to do strengthening, eye-hand coordination games, and self-managed stretching are accessible for all. Props, and handout provided.

Time: 1 hour 30 minutes

Audience Size: 5 min - 20 max

Region: Western, Central

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Wellness

Lisa Enzer

Phone: 413.367.2658

Email: lisa.enzer@gmail.com

Powerfully Peaceful

Participants will be taken on a guided, interactive meditative journey. Both adults and kids can explore breathing techniques and practical tools to relax and deal with stress. Tem Blessed will provide a brief history and philosophy on meditation practices and their many benefits to stay calm and balanced.

Time: 1 hour

Audience Size: 2 min

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Wellness

Tem Blessed

Temistocles Ferreira

Email: temblessed@gmail.com

Phone: 508.858.9261

Reiki & Meditation

This interactive program residents are guided through gentle mediation while being in a Reiki circle. Seated residents learn simple techniques to incorporate in their daily routine, raising awareness and importance of self-care. Quiet music completes the experience. *This program may be used only once per TAP member site.*

Time: 1 hour 30 minutes

Audience Size: n/a

Region: Central, Southeast, Northeast, Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Wellness

Joanne Salerno

Phone: 339.832.2196

Email: llm@myabmp.com

SINGLE PROGRAMS

Relaxation Chair Massage by Joanne Salerno

In this interactive program residents experience chair massage, reiki, or reflexology. To enhance the environment, calming music is provided promoting a relaxed state of mind. Everyone is welcome to come, even just to enjoy the quiet atmosphere. This program is wheelchair and handicap friendly. Residents remain fully clothed. *This program may be used only once per TAP member site.*

Time: 2 hours

Audience Size: 28 max

Region: Central, Southeast, Northeast, Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Wellness

Joanne Salerno

Phone: 339.832.2196

Email: llm@myabmp.com

Retrain your Brain for Happiness

Come learn proven positive psychology techniques to feel happier in your life. In a hands-on presentation, participants will explore gratitude, journaling, creativity, relaxation, and breathing. Come learn, relax, play and connect with others.

Time: 1 hour

Audience Size: n/a

Region: Western

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Wellness

Christine Southworth

Phone: 413.579.1690

Email:

southworthwellness@gmail.com

Self-Healing Sampler

Sample this interactive program to experience and learn simple ways to promote self-healing with a variety of modalities including massage, reiki, reflexology, gentle yoga, laughter and meditation. The participants will experience and learn how to incorporate these modalities into their daily lives.

Time: 1 hour 30 minutes

Audience Size: n/a

Region: Central, Southeast, Northeast, Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Wellness

Deirdre Davidson

Phone: 781.588.7522

Email: simplysoothingsanctuary2@myabmp.com

Stress Less and Get Some Rest

Decreasing stress can help you sleep better; better sleep may help you feel less stressed. Come learn and try out some ways to help improve sleep and possibly decrease stress in your life. Mindfulness, creative flow, aromatherapy, foods, breathing techniques and music will be discussed.

Time: 1 hour

Audience Size: n/a

Region: Western

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Wellness

Christine Southworth

Phone: 413.579.1690

Email:

southworthwellness@gmail.com

Ta'i Chi

I will instruct the Residents in Ta'i Chi in either a chair or standing. They will learn to feel life energy flowing into their legs, hips, torso, arms, neck, eyes and brain. It's meditative quality may quiet the mind while the gentle stretching movements encourage greater flexibility and relaxation.

Time: 1 hour 30 minutes

Audience Size: 5 min - 25 max

Region: Western, Central, Southeast, Northeast

Language: English Only

Audience: All Audiences

Season: Spring, Summer, Fall

Topic: Wellness

Carol Pedigree McConnell

Phone: 413.834.4930

Email:

pedigreebreathsong88@gmail.com

Tame your Pain Naturally

This is an interactive workshop with many options in hopes to have something that will help everyone. Some techniques that will be tried out are: meditation, aromatherapy, breathing techniques, creative flow and more.

Time: 1 hour

Audience Size: 5 min - 20 max

Region: Western

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Wellness

Christine Southworth

Phone: 413.579.1690

Email:

southworthwellness@gmail.com

SINGLE PROGRAMS

Teen Situations

Teens are a tough population to engage in activities. ACME has 40 years of experience working with youth, teens being our biggest success! How do we do it? By being relatable and just a little bit crazy! We challenge the teens to work together in groups to solve interesting games and events. Snacks provided.

Time: 1 hour

Audience Size: 10 min

Region: Central, Southeast, Northeast, Metro Boston, Boston

Language: English Only

Audience: Youth 12 - 17

Season: All Year

Topic: Wellness

Acme Teamwork

Dennis Dow

Phone: 508.414.9963

Email: dennisdow42@gmail.com

SERIES PROGRAMS

ARTS & ENTERTAINMENT

After-School Ukulele Classes for Kids

Learning to play a musical instrument improves dexterity, focus and concentration and has been proven to enhance memorization and math and English Only skills. Ukulele is more accessible to younger students—it is small and has simpler chord shapes. The sense of accomplishment that comes with mastering an instrument is priceless.

5 Sessions, 1 hour

Audience Size: 4 min - 8 max

Region: Western

Language: English Only

Audience: Youth 10 - 16

Season: Summer, Fall

Topic: Arts & Entertainment

Robin Oherin

Phone: 413.243.2271

Email: robin@robinoherin.com

Amor Flores Flower Design

As introduction to the artistry of flower design for beginners, attendees will be guided by a professional designer who will assist with techniques and skills relating to the newest trends, color palate, placement, symmetry as a work of art. Residents will learn how to create gorgeous flower arrangements, center pieces and gifts for all occasions. Residents will learn about symmetry and visual flow, create a color palate to enhance any decor, learn how to handle and cut flowers as well as professional tips to ensure the long life of designs.

Number of Sessions: 4 Sessions

Time: 2 hours

Audience Size: 5 - 15

Region: Boston

Language: English

Audience: Youth 15+, All Audiences

Season: All Year

Topic: Arts & Entertainment

Re Leigh, Sr for Amor Flores

Flower Design

Phone: 617.868.3635

Email: releigh0071@gmail.com

EDUCATION

Blues and the Poetry of the Harlem Renaissance

Learn about the music and poetry of the Harlem Renaissance and the impact they had on American culture, through poetry readings, history and live Delta and Piedmont Blues, with blues musician Robin OHerin.

Participants will have a chance to write a poem or blues song and perform it.

2 Sessions, 1 hour

Audience Size: n/a

Region: Western, Central

Language: English Only

Audience: Youth, Elderly/Disabled, Adults

Season: Winter, Spring, Fall

Topic: Education

Robin Oherin

Phone: 413.243.2271

Email:

robin@robinoherin.com

Bullying

Acme Teamwork will help shed some light on the different type of bullying and how it impacts young residents. Through activities games and role playing, Acme will help enlighten young residents of what. Bullying is and how to help deal with it.

3 Sessions, 1 hour

Audience Size: 10 min - 30 max

Region: Central, Southeast, Northeast, Metro Boston, Boston

Language: English Only

Audience: Youth 7 -12, Families, Adults

Season: All Year

Topic: Education

Acme Teamwork

Dennis Dow

Phone: 508.414.9963

Email: dennisdow42@gmail.com

Computer Basics for Seniors and Novice

The goal of this series is to help seniors or computer novices become comfortable with using computer programs and applications. Residents will learn to navigate the desktop, use the Internet, manage files and folders.

5 Sessions, 2 hours

Audience Size: 5 min - 16 max

Region: Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Education

Steadfast Solutions

Osayi Erhabor

Phone: 617.251.4691

Email:

osayi@steadfastsolutionz.com

Internet Exploration, Emailing and Social Media

In this workshop, Senior residents will learn how to use e-mail, perform Internet research, listen and read current news, and shop safely. Participants will also be introduced to Social Media particularly Facebook. They will learn how to make connections with loved ones, share interests and join groups.

5 Sessions, 2 hours

Audience Size: 4 min - 16 max

Region: Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Education

Steadfast Solutions

Osayi Erhabor

Phone: 617.251.4691

Email:

osayi@steadfastsolutionz.com

Microsoft Office Excel for Beginners

Participants will gain a basic knowledge of Microsoft Excel. They'll learn how to enter information into a spreadsheet and Excel's work environment. Residents will learn how to use formulas and, basic functions building up to creating budgets and other worksheets in Excel.

4 Sessions, 2 hours

Audience Size: 4 min - 16 max

Region: Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults, Youth

Season: All Year

Topic: Education

Steadfast Solutions

Osayi Erhabor

Phone: 617.251.4691

Email:osayi@steadfastsolutionz.com

Microsoft Office Word for Beginners

Participants will learn the basics of Microsoft Word. We'll learn how to use templates to create Resumes, Cover letters, and other documents. At the end of the series residents will know how to use Word to create a well formatted document.

3 Sessions, 2 hours

Audience Size: 4 min - 16 max

Region: Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults, Youth

Season: All Year

Topic: Education

Steadfast Solutions

Osayi Erhabor

Phone: 617.251.4691

Email:osayi@steadfastsolutionz.com

SERIES PROGRAMS

Resume Building and Job Search

In this workshop, participants will go through the process of job hunting. Residents will learn about Internet Employment Searches, Resume Creation, Writing Cover Letters, Interview Requests, and Interview Tips.

2 Sessions, 2 hours

Audience Size: 4 min - 16 max

Region: Metro Boston, Boston

Language: English Only

Audience: Youth, Elderly /Disabled, Adults

Season: All Year

Topic: Education

Steadfast Solutions

Osayi Erhabor

Phone: 617.251.4691

Email: osayi@steadfastsolutionz.com

Savings & Cash Management Strategies

Participants learn to develop better spending and savings habits, as they will set up a personalized monthly spending plan, identify and analyze where money is going, avoid common spending traps, develop a plan to live on less and enjoy life more, and uncover easy and creative ways to save.

2 Sessions, 1.5 hours

Audience Size: 5 min

Region: Boston, Metro Boston

Language: English Only

Audience: All audiences

Season: All Year

Topic: Education

The Vincita Institute Inc.

Nicholas Josey

Phone: 617.487.4993 x502

Email: nicholas_josey@vincita.org

Self Defense – Methods of Escape

This training series will focus on self-defense methods that can aid in the escape of violent encounters. The primary instructor is an active police officer with extensive experience in martial arts. During this class, presenters will share methods of defense based on the mechanics of the human skeletal system.

4 Sessions, 2 hours

Audience Size: 4-20

Region: Metro Boston, Central, Boston, Northeast, Southeast

Language: English Only

Audience: All Audiences (Starting at youth 12+)

Season: All Year

Topic: Education

COPKIDO LLC

Shawn Marando

Phone: 617.794.4523

Email: copkido@yahoo.com

WELLNESS

Art and Relaxation

Participants will learn and practice relaxation and mindfulness techniques, then create art using mindfulness skills. In our busy lives taking time to be creative and rejuvenate will be a welcome respite for all.

4 Sessions, 1 hour

Audience Size: 15

Region: Metro Boston, Boston

Language: Spanish, English

Audience: All Audiences

Season: All Year

Topic: Wellness

Marina Strauss

Phone: 617.447.8462

Email: straussmarina@gmail.com

Chair Massage Series by Bodyography Wellness Center

Chair massage to provide relaxation, tension relief for participants.

This program may be used only once per TAP member site.

2 Sessions, 4 hours

Audience Size: 12 min - 22 max

Region: Northeast, Metro Boston, Boston

Language: English Only

Audience: Elderly/Disabled, Adults

Season: All Year

Topic: Wellness

Bodyography Wellness Center

Anne Gilbert

Phone: 781.665.4005

Email: info@bodyography.net

Chair Massage Series by Restorative Touch Massage Studio

Residents will enjoy a fully clothed chair massage on site. Massage is known to relieve stress symptoms such as muscle tension and sleep loss.

Sign up sheets are provided for 10/15/20 minute slots. *This program may be used only once per TAP member site.*

3 Sessions, 3 hours

Audience Size: 6 min - 30 max

Region: Statewide

Language: English Only

Audience: Adults

Season: All Year

Topic: Wellness

Restorative Touch Massage Studio

Pamela Chiasson

Phone: 978.852.0270

Email:

pamela@rtmassagestudio.com

SERIES PROGRAMS

Community Chair Massage Series by Anita Hudson

In this workshop, participants will experience a stress reducing massage while sitting in a chair specially designed for this purpose. According to Shulman and Jones of the Touch Research Institute, massage helps reduce anxiety and depression and other aches. *This program may be used only once per TAP member site.*

2 Sessions, 2 hours

Audience Size: 15 max

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Wellness

Anita Hudson

Phone: 978.697.1474

Email: anjdayspa@gmail.com

Yoga for All

Hands to Heart Center's (HTHC) Yoga for all Program shares the healing practice of yoga with Greater Boston's low-income and under resourced communities. HTHC yoga classes are designed to be culturally affirming, accessible, inclusive and inspiring – yoga classes that anyone and everyone can participate in.

4 Sessions, 1 hour

Audience Size: Minimum: 3 Maximum: 20

Region: Metro Boston

Language: English Only

Audience: Adults, Elderly/Disabled

Season: All Year

Topic: Wellness

Hands to Heart Center

Nessie Fernandez Demchko

Phone: 813.731.6762

Email:

hthc.programcoordinator@gmail.com

Yoga For Beginners

Learn breathing techniques and poses through the practice of Hatha Yoga. Yoga for Beginners is ideal for students who are beginners and skill level 1. Hatha Yoga stretches your body quiets your mind and refreshes your spirit. Yoga may improve flexibility and balance and, de-stress the mind. *This program may be used only once per TAP member site.*

4 Sessions, 1 hour

Audience Size: 20 max

Region: Statewide

Language: English Only

Audience: All Audiences

Season: All Year

Topic: Wellness

Anita Hudson

Phone: 978.697.1474

Email: anjdayspa@gmail.com

PROGRAM CONTACTS

Alejandro Yegros

Phone: 857.445.3002

Email: alejandro.yegros@gmail.com

[Caricatures by Alejandro](#) - Single

Andrea Lyman

Phone: 617.733.5259

E-mail: andrealyman@mac.com

[Broadway Lady](#) - Single

Andy Taylor-Blenis, Back Pocket Dancers

Phone: 617.875.7426

E-mail: ataydance@gmail.com

[Dancing With Stories](#) - Single

[Dancing World Stories](#) - Single

Anita Hudson

Phone: 978.697.1474

E-mail: anjdayspa@gmail.com

[Community Chair Massage](#) - Series

[Yoga For Beginners](#) - Series

Anne Gilbert, Bodyography Wellness Center

Phone: 781.665.4005

E-mail: info@bodyography.net

[Chair Massage by Bodyography Wellness Center](#) -Single

[Chair Massage by Bodyography Wellness Center](#) -

Series

Anne O'Connor

Phone: 978.235.5548

E-mail: Anne@anneOC.Com

[Warp and Weft](#) - Single

[Dreamed, created, and crafted](#) - Single

Archie Kubota, Passion East Education

Phone: 617.974.3387

E-mail: PowerJazzPiano@gmail.com

[Archie K. Multicultural PowerJazz Extravaganza](#) -Single

[Music Journey -Songs Around the World](#) - Single

Brenda Huggins, Young Audiences of Massachusetts (YAMA)

Phone: 617.629.9262 x303

E-mail: scheduling@yamass.org and

bhuggins@yamass.org

[Chhandika: Kathak Dance of Northern India](#) - Single

[Marcus Santos: Bucket Drumming Workshops](#) -

Single

[Valerie Tutson: Tales From African Traditions](#) - Single

[Exploring China: The "Middle Kingdom" Through Music](#)

and Story - Single

[Veronica Robles: Dancing with the Colors of Mexico](#) -

Single

Bruce Lawson, Bruce's Fun Company

Phone: 978.210.7464

E-mail: bruce@brucefun.com

[The Carnival Comes to You](#) - Single

[Apartment Living](#) - Single

[Kitchen Top to Bottom](#) - Single

Carol Pedigree McConnell

Phone: 413.834.4930

E-mail: pedigreebreathsong88@gmail.com

[Ta'i Chi](#) - Single

Charlotte Anne Dore

Rosalita's Puppets

Phone: 617.633.2832

E-mail: rosalitaspuppets@aol.com

[Holiday Puppet Show](#) - Single

[Puppets from my Childhood](#) - Single

Christine Southworth

Phone: 413.579.1690

E-mail: southworthwellness@gmail.com

[Quiet Your Mind with Line Design](#) - Single

[Tame your Pain Naturally](#) - Single

[Retrain your Brain for Happiness](#) - Single

[Stress Less and Get Some Rest](#) - Single

PROGRAM CONTACTS

Clare Donoghue, The Traveling Art Party

Phone: 617.875.2790

E-mail: travelingartparty@gmail.com

[Glassware Painting](#) - Single

[Bottle Painting with lights](#) - Single

[Canvas painting for all](#) - Single

Dale Perkins, Mesa Farm

Phone: 508.886.6898

E-mail: dale.mesafarm@gmail.com

[Mesa Farm Horsemanship One Day Program](#) - Single

David Colucci

Phone: 413.594.0434

E-mail: davidjcolucci@msn.com

[American Bandstand Tribute](#) - Single

[Grand Ole Opry Tribute](#) - Single

[Vegas Variety Show](#) - Single

Debra Bunszel, Soul Creations

Phone: 781.789.1113

E-mail: soulcreationcards@gmail.com

[Explore with Collage Adults](#) - Single

[Fun with Collage Kids+](#) - Single

Deirdre Davidson

Phone: 781.588.7522

E-mail: simplysoothingsanctuary2@myabmp.com

[Chair Massage by Deirdre Davidson](#) - Single

[Drum Creatively](#) - Single

[Self Healing Sampler](#) - Single

Dennis Dow, Acme Teamwork

Phone: 508.414.9963

E-mail: dennisdow42@gmail.com

[Bullying](#) - Series

[All audiences Fun and Games](#) - Single

[Teen Situations](#) - Single

Donna Brooks

Phone: 413.230.1260

E-mail: donnabrook@gmail.com

[Better Balance](#) - Single

[Easy Stretch, Breathe and Relax](#) - Single

[Health from your Kitchen](#) - Single

[Don't Be SAD](#) - Single

Dora Tevan, Ethnic Arts Center

Phone: 978.546.3222

E-mail: doratevan@comcast.net

[Stevie Wonder Song and Dancefest](#) - Single

[World Dance Party](#) - Single

[Fiddler on Your Roof](#) - Single

Elaina Vrattos Jacobs , Big Smile Entertainment

Phone: 781.844.7225

E-mail: elaina@bigsmileentertainment.com

[Big Kahuna Luau](#) - Single

[Witchy Wanda Halloween Spooktacular Show](#) - Single

[Jack Frost Winter Wonderland Show](#) - Single

[Howdy Pilgrim](#) - Single

[Basin Street Bash](#) - Single

Fran Baron, Delvena Theatre Company

Phone: 781.662.8748

E-mail: Frani02L76@aol.com

[A Celebration of Christmas](#) - Single

[Along Memory Lane](#) - Single

[Amazingly, Mae West!](#) - Single

[Come Meet Julia Child](#) - Single

Gail S. Packer, Community Dispute Settlement Center

Phone: 617.876.5376

E-mail: gspacker@communitydispute.org

[Got Conflict? Deal with Conflict Effectively: Tools for Your Toolbox](#) - Single

PROGRAM CONTACTS

George Sateriale

Magic By George

Phone: 978.937.5900

Email: gsateriale@hotmail.com

[Comedy Magic Show](#) - Single

Jan Gadson Louissaint

Phone: 617.320.4762

E-mail: inyourwildestdream@msn.com

[Artful Meditation: Silk Blooms](#) - Single

Jennie Mulqueen

Phone: 617.359.5994

Email: jenniemulqueen@gmail.com

[I Have Confidence - Tribute to Julie Andrews](#) - Single

[Listening for Light](#) - Single

Jeremy Steele, Steele Art

Phone: 774.521.5246

E-mail: jeremysteele843@gmail.com

[Steele Your Art](#) - Single

Jim Porcella

Phone: 617.233.4751

E-mail: jim@songkeepers.com

[Tribute to the Greatest Generation](#) - Single

[Music Through the Ages](#) - Single

[Tribute to the Great Italian-American Singers](#) - Single

Joan Gallagher

Phone: 978.922.5107

E-mail: reptileman@rainforestreptileshows.com

[Reptiles Rock](#) - Single

[Sizzling Reptiles](#) - Single

Joanne Salerno

Phone: 339.832.2196

E-mail: llm@myabmp.com

[Relaxation Chair Massage](#) - Single

[Reiki & Meditation](#) - Single

[Awareness Stretch](#) - Single

Jonathan Keezing, Caravan Puppets

Phone: 413.256.1886

E-mail: caravanpuppets@gmail.com

[Around The World](#) - Single

[Timeless Tales](#) - Single

[A Journey to the Moon](#) - Single

Joseph Pagliuca

Phone: 617.713.4349

E-mail: bigjoe@bigjoe.com

[Big Joe the Storyteller's "A World of Stories"](#) - Single

J.T. Turner, The Actors Company

Contact Marci Diamond for scheduling

Phone: 781.710.3314

Email: theactorscompany1@gmail.com

[Seasonal Stories from Around the World](#) - Single

Justin Meyer

Phone: 617.653.5072

E-mail: justinmeyer1@yahoo.com

[The Justin Meyer Trio](#) - Single

Karen Traub

Phone: 413.367.9826

E-mail: happydancermom@gmail.com

[The Crescent Dancers](#) - Single

Kate O'Connor, A Beautiful Future

Phone: 413.527.7430

[Caribbean Party](#) - Single

[Emerald Isle](#) - Single

Kortney Adams, Central Square

Theater's Youth Underground

Phone: 617.307.4257

E-mail: kaa@centralsquaretheater.org

[Act Up & Vote!](#) - Single

PROGRAM CONTACTS

Leslie Doherty

Phone: 978.944.2248

E-mail: leslie@waysofcolor.com

[Stained Glass Mosaic Suncatchers](#) - Single

[Stained Glass Mosaic Tile Trivets](#) - Single

[Stained Glass Mosaic Planter Pots](#) - Single

[Stained Glass Mosaic Picture Frames](#) - Single

[Stained Glass Mosaic Mirrors](#) - Single

Lisa Enzer

Phone: 413.367.2658

E-mail: lisa.enzer@gmail.com

[Easy Yoga](#) - Single

[Keep Your Balance](#) - Single

[Flourish at 50+](#) - Single

Lydia Takenouchi-Erickson

Phone: 781.467.8833

Email: info@songofthetrees.com

[Guided Sound Meditation](#) - Single

Marci Diamond, The Actors Company

Phone: 781.710.3314

E-mail: marci.diamond@verizon.net

[Diamond Family Circus](#) - Single

Marina Strauss

Phone: 617.447.8462

E-mail: straussmarina@gmail.com

[Art and Relaxation](#) - Single

[Art and Relaxation](#) - Series

[Learning about Bookmaking](#) - Single

Mark Stanzler

Phone: 603.623.6449

E-mail: Markstanzler@comcast.net

[Tribute to the 50s: Rock n Roll is Here to Stay](#) -
Single

[Christmas with the Crooner](#) - Single

Matt Jenson, ¡Combo Sabroso!

Phone: 617.817.2619

E-mail: mjenson@rcn.com

[¡Combo Sabroso!](#) - Single

Michelle Marquis, South Shore Natural Science Center

Phone: 781.659.2559

E-mail: mmarquis@ssymca.org

[Reptiles & Amphibians](#) - Single

[Nocturnal Animals](#) - Single

[Native American Artifacts and Lore](#) - Single

[Animal Adaptations](#) - Single

[Backyard Botanists](#) - Single

Nancita Alejandro , DJ CiCi

Phone: 774.400.7949

[DJ CiCi Holiday Party](#)- Single

[DJ CiCi Old School Party](#) - Single

[Karaoke Party with DJ Cici](#) - Single

Nessie Fernandez Demchko, Hands to Heart Center

Phone: 813.731.6762

Email: hthc.programcoordinator@gmail.com

[Yoga for All](#) - Series

Nicholas T. Josey, The Vincita Institute Inc.

Phone: 617.487.4993 x 502

E-mail: nicholas_josey@vincita.org

[Savings & Cash Management Strategies](#) - Series

[Savings & Cash Management Strategies](#) - Single

Osayi Erhabor, Steadfast Solutions

Phone: 617.251.4691

E-mail: osayi@steadfastsolutionz.com

[Computer Basics for Seniors and Novice](#) - Series

[Internet Exploration, Emailing and Social Media](#) -
Series

[Microsoft Office Word for Beginners](#) - Series

[Microsoft Office Excel for Beginners](#) - Single

[Resume Building and Job Search](#) - Series

PROGRAM CONTACTS

Pamela Chiasson, Restorative Touch Massage Studio

Phone: 978.852.0270

E-mail: pamela@rtmassagestudio.com

[Chair Massage by Restorative Touch Massage Studio](#) - Single

[Chair Massage Series by Restorative Touch Massage Studio](#)- Series

Peter O'Malley

Phone: 617.822.2292

E-mail: Petrmagic@aol.com

[Name That Tune Game](#) - Single

[Peter Magic Show](#) - Single

[When Irish Eyes are Smiling](#) - Single

[The Life and Times of Frank Sinatra](#) - Single

Philip Alexander

Phone: 617-818-0346

Email: Philip@singplaygrow.com

[Sing-Along with Philip Alexander](#) - Single

[Holiday Sing-Along Celebration!](#) - Single

Releigh, Amor Flores Flower Design

Phone: 617.868.3635

E-mail: RELEIGH0071@GMAIL.COM

[Amor Flores Flower Design](#) - Single

[Amor Flores Flower Design](#) - Series

Renee Legendre

Phone: 774.258.0007

E-mail: renp@verizon.net

[Great Ladies of Song](#) - Single

[Solid Gold](#) - Single

Ric Mauré

Phone: 617.510.9141

E-mail: rm88@comcast.net

[Blue Skies Trio](#) - Single

Richard Mayer

Phone: 802.380.3130

E-mail: rjmayer48@comcast.net

[American pop](#) - Single

[Classic Country](#) - Single

Robin Oherin

Phone: 413.243.2271

E-mail: robin@robinoherin.com

[Music from the past 50 years for seniors](#) - Single

[After-school ukulele classes for kids](#) - Series

[Blues and the Poetry of the Harlem Renaissance](#) - Series

Roger Tincknell

Phone: 413.259.1146

E-mail: roger@robertincknell.com

[Children's Songs and Singing Games Family Concert](#) - Single

[Elvis to the Everly Brothers: 1950's pop classics](#) - Single

[Old Time Sing-along](#) - Single

[This Land Is Your Land](#) - Single

Ron Goldman

Phone: 617.524.5199

E-mail: ron@rongoldmanmusic.com

[Popular Music Through the Decades](#) - Single

[Children's Music](#) - Single

Ron Larrivee, Cape & Islands Entertainment

Phone: 508.274.0388

E-mail: RONL1946@aol.com

[Crooners & Rockers](#) - Single

[Country Music Tribute Show](#) - Single

Shawn Marando, COPKIDO

Phone: 617.794.4523

E-mail: copkido@yahoo.com

[Self-defense: Methods of Escape](#) - Single

[Self-defense: Methods of Escape](#) - Series

PROGRAM CONTACTS

Stacy Smith, Pick a Party Place

Phone: 781.588.2274

E-mail: stacy@pickapartyplace.com

[Boogie Down Ball](#) - Single

Stephen Bryson Lang

Phone: 818.679.6303

E-mail: brysonlang@hotmail.com

[The Cure For the Common Show](#) - Single

Tabitha Jones, Tabba's Arts& Crafts

Phone: 857.244.3080

E-mail: tabbas78@yahoo.com

[Ba Ba Betta](#) - Single

[Puff Puff Pillow](#) - Single

[Picture My Perfect Picture](#) - Single

Temistocles Ferreira , Tem Blessed

Phone: 508.858.9261

E-mail: temblessed@gmail.com

[Hip Hop Performance](#) - Single

[Hip Hop Workshop- Who is Hip-Hop? I am Hip Hop!](#) -
Single

[Powerfully Peaceful](#) - Single

Tim Van Egmond, Folksinger & Storyteller

Phone: 413.221.5156

E-mail: tim@timvanegmond.com

[Hats Off To Seniors](#) - Single

[Songs And Tales for the Season and the Day](#) - Single



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