

Are your possessions taking over your home?  
Is clutter affecting you at home, work, or in your relationships?  
Does your clutter create safety issues in your home?  
Are you embarrassed or ashamed to have people in your home?

If you can answer "YES" to any of these questions,  
there is help and support for you!

## North Shore Center for Hoarding & Cluttering

*Non-judgmental Support for Individuals & Families Struggling with Clutter*

# De-Clutterer's Group

8-week Group Sessions – held remotely

Tuesday, March 1 – April 19, 2022  
1:30 - 3:30 p.m.

Wednesday, March 2 – April 20, 2022  
1:30 - 3:30 p.m.

**Space is limited & pre-registration is required.**

For more information or to register, contact Karen Sullivan, MSW, LICSW,  
Clinical Hoarding Specialist at 978-624-2257 or [ksullivan@agespan.org](mailto:ksullivan@agespan.org)

There are no age or geographic restrictions as our sessions are held remotely.  
The fee for the 8-week session is \$250 which may be covered in part by your  
insurance or available grant funding.



The North Shore Center for Hoarding & Cluttering  
is sponsored by  
AgeSpan - formerly Elder Services  
of the Merrimack Valley and North Shore

[agespan.org](http://agespan.org)  
800-892-0890